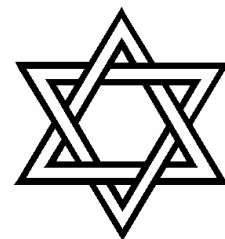


Eastside Voice



The Newsletter of the Eastside Jewish Community of Portland
PO Box 86622 — Portland, Oregon 97286

July, 2009

Vol. 18, Issue # 7

Mission Statement

“Our Mission is to further the Spiritual, Educational, and Cultural experiences of our Jewish community.”

Everyone is invited to EJCoP's Shabbat Dinner— July 10

We look forward to seeing you for EJCoP's monthly Shabbat Dinner and Service at St. Ignatius School, one block north of Powell at 43rd. (3400 SE 43rd Ave.) on Friday, July 10, 2009

Registration is at 5:30 P.M. and candle lighting at 6 P.M. This is followed by Services at 7 P.M., led by Flip Frisch. The evening will end with a sweet potluck Oneg, so please bring a dessert to share. Call ahead for reservations and if you have any questions about prices. Reservations are required. Email us at shalom@ejcop.org or phone (503) 973-5267 by the Monday before the dinner. Please let us know if you have a birthday or anniversary this month.

A raffle is held for the table decorations—be sure to buy a ticket, \$1 for one or \$5 for eight. And, we are continuing to collect canned and non-perishable goods for the Oregon Food Bank.



President's Message

The following is the narrative read at the Jewish Women's Roundtable "Song of Miriam" event on Sunday, June 7. Please congratulate Elaine Cabelly and thank her for the work she does for Eastside.

My mother's parents were from Kobrin, Ukraine, emigrating early in the 1900s to Pennsylvania.

My mother was protective of her children--no group pictures, individual awards, no special out-of-family attention. My father was an Elder in the Presbyterian church, setting the family's religious tone. When dad died, my mother covered the mirrors, sat on low stools, wore cloth shoes--as "taught in the old country". She never attended a Christian church or explained these "old country" practices. Reading about 1900 Europe, Judaism, Russia, and programs, I understood her silence, fears, and protective behavior.

The Rabbi who officiated at my wedding suggested conversion to Judaism because there are no strict rules for my situation. I kept a kosher home, was bat mitzvahed at the same time my son was bar mitzvahed, performed taharas with the hevra kadisha of Portland, belonged to Shaarie Torah and Neveh Shalom.

My mother chose to be safe, having no shared religious identity. I share my identity openly. I'm a single woman, wanting to be part of a small group where I'll be missed if I don't volunteer my time. I make the matzo ball batter for our monthly dinner, members critique the soup and give me feedback. We are a community who share customs, companionship, and perpetuate our Jewish identity.

Rita Cohen King, President

The Simcha Corner—July Birthdays & Anniversaries

Birthdays: Paul Frank, Chone Field, Abbey Dragoon

Anniversaries: None known



July Yahrzeit

**David Aaron Schwartz
(Roz Roseman 7/30)**

To include your loved one in future Yahrzeit notices, please send his or her name and date of passing to us at our email address: shalom@ejcop.org

Tammuz /Menachem AV 5769 (2009) Torah Portions

Date	Torah Portion	Light Candles—	Shabbat Ends—
July 3 - July 4	CHUKAT-BALAK	8:45 PM	10:00 PM
July 10 - July 11	PINCHAS	8:42 PM	9:56 PM
July 17 - July 18	MATOT-MASSEI	8:37 PM	9:49 PM
July 24 - July 25	DEVARIM	8:31 PM	9:41 PM
July 31 - August 1	VA'ETCHANAN	8:23 PM	9:31 PM

Jewish Life Cycle for July 2009 The Interregnum

Interregnum—noun—A pause in a continuous series of events. The Shabbat following The Fast of the 9th of Av (Tisha B'Av) on July 30th is the first of 7 “Shabbats of Consolation” ending on Shabbat Selichot, the Shabbat prior to Rosh Hashanah. The Haftorah (prophetic portion) read on Shabbat Nachamu, the 'Shabbat of Comfort' which follows Tisha B'Av, expresses the message of conciliation and comfort expressed by the prophet Isaiah to a nation that would endure a prolonged exile.

On Shabbat Selichot, the first penitential prayers of the upcoming “Yom Norim—Days of Awe” are recited at a midnight service after Havdalah, the end of Shabbat, and then daily until Yom Kippur. During the 7 weeks between Tisha B'Av and Rosh Hashanah, there are no other holidays than the Shabbats and Rosh Chodesh Elul, the announcing of the beginning of the Month of Elul.

The laborious work of preparing the land, planting the crops, pruning trees, and birthing of animals have been done for the year. The harvest isn't due until the time of Succoth, after the High Holidays. Succoth is the next pilgrimage festival, when the first fruits of the harvest were brought to the Temple in Jerusalem. Rosh Hashanah and Yom Kippur and celebrated throughout the land as decreed in the Torah.

However, this time is not a glamorous vacation; there is the daily work of tending the fields, vineyards, orchards, and animals. This routine is freeing of the mind for contemplation. The depth of contemplation expands at Rosh Chodesh Elul—the beginning of the month that ends with Rosh Hashanah on Rosh Chodesh Tishrei (Friday, September 18th at sundown with First Day of Rosh Hashanah on Saturday, September 19th).

Elul (spelled Alef-Lamed-Vav-Lamed) is said to be an acronym of "Ani l'dodi v'dodi li," "I am my Beloved's and my Beloved is mine," from the Song of Songs 6:3, where the Beloved is G-d and the "I" is the Jewish people. This is a time for Teshuva (our soul's return to its source as we reconcile with God through repenting for our sins). Psalm 27 is added to morning and evening services during the month of Elul. Verse 4 is the basis for the song Achat Shalti; “One thing have I asked of Adonai, that will I seek after: that I may dwell in the house of the Adonai all the days of my life, to behold the graciousness of Adonai”. The shofar is blown after morning services throughout Elul except on Shabbat and the day before Rosh Hashanah (to separate the Rabbinical Law of blowing the shofar during Elul from the Torah's mitzvot of “hearing the shofar on Rosh Hashanah”).

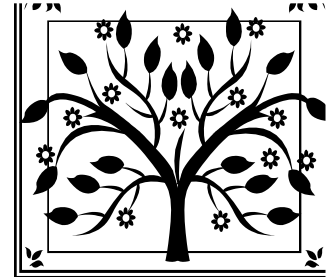
Continued on Page 4

TRIBUTES AND CONTRIBUTIONS

Congratulations to Flip & Troy on the birth Of their daughter Scout Brigham!

From Michael Kay and Sabina Smith

“Rounding up your membership dues or Shabbat dinner check is an easy way to make a contribution to Eastside Jewish Community of Portland.”



The Tree of Life

Jewish Life Cycle for July 2009..... Continued from page 3

The Hebrew word “Chait”, which is translated as “sin” in prayer books, is an old archery term “missing the mark”. Sin in Judaism is seen as “although you started out with good intentions, you did something to Miss the Mark”. Repentance in Judaism requires that while sins between man and G-d may be annulled and forgiven, sins, or trespasses, between persons must be repaired to the extent possible, and are not annulled or forgiven through prayer alone. Part of the reason for the long period of preparation for the High Holidays is to give time for that penitence to be fulfilled.

Michael Kay

EJCOP 2008 –2009 Schedule

**Event RSVP: shalom@ejcop.org or 503-97E-JCOP
(503-973-5267)**

July 10	Shabbat Service and Dinner
August 9 (Sunday)	Annual EJCoP Picnic
August ??? (to be arranged)	Shabbat Service and Dinner
September 11	Shabbat Service and Dinner
October 9	Shabbat Service and Dinner

EJCoP Board Members

Board Officers:

President: Rita Cohen King
 Vice President: Sue Sargent
 Treasurer: Rob Boime
 Secretary: Bob Dragoon
 Cemetery Cmte Chair: Michael Kay

Board Members at Large:

Shari Bandes
 Elaine Israel
 Noel King

Board Advisor:

Spiritual Leader Flip Frisch



**2235 SE 11th Ave. Portland,
 Oregon
 503-238-8883**

**Our thanks to Kettleman's for the
 donation of our Shabbat dinner
 Challahs**

AFFORDABLE FAMILY MEMORIALS

- ☆ **Excellent Quality**
- ☆ **Personal Service**
- ☆ **We come to you**
 Flexible Hours
 Please call for an Appointment
 Personal Service since 1988
Jason R. Pope 503-515-7640



**SAVE THIS DATE
 FOR FUN
 AND FROLICKING**

Sunday, August 9

Annual EJCoP Picnic

Creston Park

Eastside Jewish Community of Portland

Post Office Box 86622

Portland, Oregon 97286

EJCOP July 2009 At-A-Glance Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10 Shabbat Service & Dinner	11
12	13	14	15 Newspaper Deadline	16	17	18
19	20	21	22	23	24	25
26	27	28	29 Board Meeting	30	31	