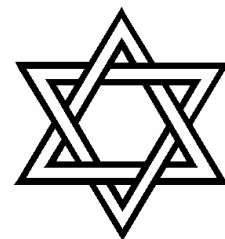


Eastside Voice



The Newsletter of the Eastside Jewish Community of Portland
PO Box 86622 — Portland, Oregon 97286

May, 2009

Vol. 18, Issue # 5

Mission Statement

“Our Mission is to further the Spiritual, Educational, and Cultural experiences of our Jewish community.”

Everyone is invited to EJCoP's Shabbat Dinner— May 8

We look forward to seeing you for EJCoP's monthly Shabbat Dinner and Service at St. Ignatius School, one block north of Powell at 43rd. (3400 SE 43rd Ave.) on Friday, May 8, 2009

Registration is at 5:30 P.M. and candle lighting at 6 P.M. This is followed by Services at 7 P.M., led by Flip Frisch. The evening will end with a sweet potluck Oneg, so please bring a dessert to share. Call ahead for reservations and if you have any questions about prices. Reservations are required. Email us at shalom@ejcop.org or phone (503) 973-5267 by the Monday before the dinner. Please let us know if you have a birthday or anniversary this month.

A raffle is held for the table decorations—be sure to buy a ticket, \$1 for one or \$5 for eight. And, we are continuing to collect canned and non-perishable goods for the Oregon Food Bank.



President's Message

On Sunday, June 7th, the Jewish organizations in Oregon and Southwest Washington will come together in unity to honor women who have “made a difference” in their Jewish community by contributing time and energy through various volunteer efforts. Each organization is invited to honor a deserving woman. Recent past honorees from Eastside Jewish Community of Portland are Jennifer Klump, Tzip Spak, and Roz Roseman. This year, we are pleased to announce our honoree is Elaine Cabelly.

For those of you who attend our monthly Shabbat dinners, Elaine is our “Shabbat Shopper” and she makes the matzah ball batter on Thursdays, so that it is ready to drop into the broth on Friday afternoon. Elaine also makes the birthday “candies” – chocolates personalized with the name of each birthday celebrant. She does this monthly, cheerfully, very much behind-the-scenes.

Please consider joining us on June 7th to honor Elaine and the other very worthy recipients. A registration form is included in this issue. Even if you can't join us, please take a moment to congratulate Elaine on this honor and to say thanks.

Elaine is a great example of a reliable Eastside volunteer, but there are others. For every event – Shabbat, Pesach Seder, Chanukah party, Picnic – there is a crew of people who volunteer to plan, reserve, make calls, shop, set up, cook, register participants, serve, and clean up. An organization cannot endlessly ask the same people to perform these identical tasks again and again, without some relief. I invite – no - I implore you to step up and ask what you can do. Please see me, any board member, or Roz Roseman, and ask what you can do to help.

Rita Cohen King

The Simcha Corner—May Birthdays & Anniversaries

**Birthdays: Michael Kay, Catherine Tomasi,
David Rutiezer, Elaine Israel**



Anniversaries: None known

May Yahrzeit

Alvin Einhorn (Marjorie Holland 5/19)

To include your loved one in future Yahrzeit notices, please send his or her name and date of passing to us at our email address: shalom@ejcop.org

Iyar/Sivan 5769 (2009) Torah Portions

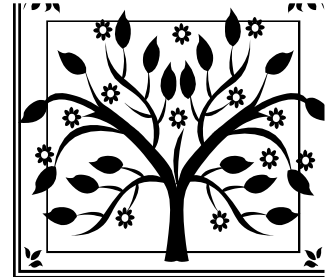
Date	Torah Portion	Light Candles—	Shabbat Ends—
May 1- May 2	ACHAREI MOT- KEDOSHIM	7:59 PM	9:08 PM
May 8 - May 9	EMOR	8:08 PM	9:18 PM
May 15 - May 16	BEHAR- BECHUKOTAI	8:16 PM	9:28 PM
May 22 - May 23	BAMIDBAR	8:24 PM	9:37 PM
May 29- May 30	SECOND NIGHT OF SHAVUOT	8:31 PM	9:46 PM

TRIBUTES AND CONTRIBUTIONS

In Memory of Sy Kornbrodt

Mary Lou Knight-Kornbrodt

“Rounding up your membership dues or Shabbat dinner check is an easy way to make a contribution to Eastside Jewish Community of Portland.”



The Tree of Life

EJCoP Passover Seder

The Passover Seder on April 10 was well attended by over 60 people. Participants sat at tables decorated for Spring in pastel colors, and enjoyed a delicious dinner prepared by Chef d’Jour. Our blossoming spiritual leader, Flip, led a Seder with traditional and parody melodies (for example, “There’s no Seder like our Seder”). And, our Seder was enjoyed by all. We give our thanks to all those volunteers who helped make it possible: our co-chairs Michael Kay and Lisa Klein, and all the volunteers, Alex Klein, Jacob Klein, Elaine Israel, Elaine Cabelly, Shari Bandes, Bob Dragoon, Noel King, Rob Boime, Marjorie Holland, and all the others we may have inadvertently missed naming. I am gratified to have such a long list of volunteers, I hope that will continue.

B'Shalom Rita King, President

EJCOP 2008 –2009 Schedule

**Event RSVP: shalom@ejcop.org or 503-97E-JCOP
(503-973-5267)**

May 8	Shabbat Service and Dinner
June 12	Shabbat Service and Dinner
July 10	Shabbat Service and Dinner
August 14	Shabbat Service and Dinner
September 11	Shabbat Service and Dinner

EJCoP Board Members

Board Officers:

President: Rita Cohen King
 Vice President: Sue Sargent
 Treasurer: Rob Boime
 Secretary: Bob Dragoon
 Cemetery Cmte Chair: Michael Kay

Board Members at Large:

Shari Bandes
 Elaine Israel
 Noel King

Board Advisor:

Spiritual Leader Flip Frisch



**2235 SE 11th Ave. Portland,
 Oregon
 503-238-8883**

**Our thanks to Kettleman's for the
 donation of our Shabbat dinner
 Challahs**

**17th Annual
 Song of Miriam Award
 Celebration**

**Please hold the date of
 Sunday, June 7, 2009
 10 a.m. to 12:15 p.m.**

**Mittleman Jewish Community
 Center
 6651 SW Capitol Highway,
 Portland, Oregon**

**Sponsored by the Jewish
 Women's
 Round Table**

AFFORDABLE FAMILY MEMORIALS

- ☆ **Excellent Quality**
- ☆ **Personal Service**
- ☆ **We come to you**

Flexible Hours

Please call for an Appointment
 Personal Service since 1988
Jason R. Pope 503-515-7640



**You are cordially invited to attend the
17th Annual "Song of Miriam Award" Brunch
Recognition of outstanding volunteers
Sponsored by: The Jewish Women's Round Table**

*"And Miriam the prophetess,
the sister of Aaron, took a
timbrel in her hand; and all the
women went out after her with
timbrels and with dances."
Exodus 15:20*

**Please join Eastside Jewish Community of Portland in Honoring
Elaine Cabelly**

Sunday, June 7, 2009, 10:00 am - 12:15 pm

Featuring performer: Cantor Barbara Slader

Mittleman Jewish Community Center

6651 SW Capitol Hwy., Portland, Oregon

Cost: \$20.00, (\$10.00 children 12 and under). \$28 at the door; Patrons \$36.00

• Please RSVP and cover paid by: May 28, 2009 •

YY

I, (We) plan to attend the Song of Miriam Award Brunch. Enclosed is a check for \$ _____ for _____ attendees.

Name:
Address:
Phone:

Please Print - Names & Phone Numbers of Guests (Guest or Patron). (Add Additional Names on Back).

Name	Guest/Patron	Amount	Phone Number

Please send your form and check payable to: JWRT, Attn: Jerrie Roth: 1231 SW Texas St., Portland, OR 97219. If you have questions please call, Jerrie Roth, 503-246-4367 or Ellen Bick, 503-297-3920.

Carpooling is recommended

Please Note: One table of (9) will be reserved for each honoree for family and friends.

The Jewish Women's Round Table is a representation of Jewish Women in Oregon and Southwest Washington through their organizations and congregations, convening in the spirit of cooperation to recognize achievements in volunteering, and collectively contributing to the continuity of Jewish life in the community.

PASSOVER TO SHAVOUT

Counting the Omer

Passover occurs around the time of the harvest of the fast-growing barley. An offering was made in the temple waving an Omer, a sheaf of barley, on the day the sickle was put to the standing grain. The prosperity of the people would now depend on the wheat harvest, about 7 weeks later in late spring. In olden days, this led to an indeterminate beginning of the counting, and therefore uncertainty in the celebration of Shavuot—the Festival of Weeks. The two sects at the time were the Pharisees and the Sadducees. The Pharisees wanted to begin counting on the Shabbat during Passover. The Sadducees said that the day of rest was the first day of Passover, and that counting should start on the eve of the second day of Passover. The Sadducees won, and the Counting of the Omer begins after the Second Seder so Omer 1 is the second day of Passover. The reaping of the barley will occur on that day, even if it is Shabbat—when reaping is usually prohibited—as decreed by the Rabbis in the Mishna.

This was a time of waiting and anxiety; the wheat harvest was dependent on proper weather (correct time and amount of rain). Once Shavuot, the Festival of Weeks, also known as the Festival of the First Fruits, was also identified with the Giving of the Torah on Mt. Sinai, the seven weeks symbolized the path from political freedom to spiritual revelation. Except for the holidays for celebrating the new months of Iyar and Sivan, and Lag B'Omer, weddings, haircutting, and making music were prohibited as the period became one of minor mourning for the destruction of the temple and the inability to make the wave offerings.

Today, usually Orthodox Congregations are the only ones that keep the count and mourning practices. Almost all congregations join in celebrations for Lag B'Omer. This period has been altered by the inclusion of three modern holidays.

The 12th day of the Omer was established as Yom Hashoah v' Hagvurah (Day of the Destruction and Heroism) by the Israeli Knesset in 1951. It is commonly referred to as Yom Hashoah or Holocaust Day. The reason for the selection of this day by the Knesset is not well established; it may have been influenced by the general mourning tone of the Omer period. Also, it occurs around the time of the Warsaw Ghetto uprising (the first day of Passover in 1943) and may reflect the fall of the Ghetto. Yom Hashoah is not universally celebrated; the Chabad Calendar does not refer to it, nor mention it in the description of the month. Yom Hashoah is increasingly celebrated with Holocaust Memorial Programs and Film Festivals. This year the Jewish Review lists many events associated with Yom Hashoah on April 21st this year.

Continued Page 7

PASSOVER TO SHAVIOT..... *Continued from page 6*

The second holiday is Israel Independence Day on the Fifth Day of Iyar, 5708 (May 14, 1948) the 20th day of the Omer. Israel usually celebrates on the Sunday before or after the Hebrew date. It is Yom Ha-atzma-ut in Hebrew, usually translated as Independence Day. Independence Day is preceded by a day of mourning; Yom Haikkaron (Day of Remembrance) honors those who died defending Israeli independence. This holiday also is not mentioned in the Chabad Calendar. There are secular and religious observances on that day in Israel. The secular include lighting a flame at the grave of Theodore Herzl, the father of the modern State of Israel. The religious observances are as varied as the orientations of the Rabbis conducting them. In the US, Israel Independence Day is usually celebrated on a Sunday close to May 14 with gatherings, parades in cities with large Jewish populations (New York City for one). There are few religious observances in the Diaspora. The main direction is political—support for Israel.

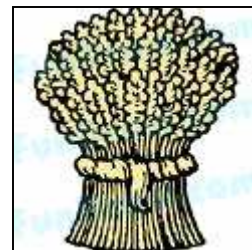
Lag B'Omer, the 33rd day (in Jewish Numerology, Lamed = 30 and Gimel =3 so Lag = 33). I could not find a substantial reason this holiday comes on this day, but there are many stories about the great Talmudist Shimon bar Yochai either being ordained, returning from the cave where he lived to escape the Romans, or dying. The day is a respite from the mourning atmosphere, and festivals are common. Shimon is considered one of the great Kabbalists, and Lag B'Omer is celebrated by the Chassidim making a pilgrimage to his grave in Miron near Safed (the center of Jewish mysticism) in Northern Israel. This year Lag B'Omer is May 12, and Chabad will be having a major celebration.

The third modern holiday is Yom Yerushalayim (June 7, 1967 or 28 Iyar or Omer 43) Israeli forces regained control over the Old City of Jerusalem and reopened the Western Wall of the old temple compound (built by Herod as a defense for the Temple; it is not a wall of the 2nd Temple) to Jewish worshipers. After the Romans destroyed the 2nd Temple, they also destroyed all of Herod's walls except for this one. Jewish tradition made the Western Wall the home of the exiled Shechinah, the Feminine Aspect of God's Presence in the World. The Western Wall, also known as the Wailing Wall, represents political and religious aspirations for the restoration of Jerusalem as the Jewish capital of Israel. There are varied religious and national-secular celebrations of the 28th of Iyar in Israel and the Diaspora.

The 49th Day of the Omer is Erev Shavuot (May 28, 2009). The celebration of the giving of the 10 Commandments and the old Wave Offering of the Two Loaves of Wheat Bread is on May 29.

That brings to a close the Counting of the Omer for 2009.

Michael Kay



Eastside Jewish Community of Portland

Post Office Box 86622

Portland, Oregon 97286

EJCOP May 2009 At-A-Glance Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8 Shabbat Dinner	9
10	11	12	13	14	15 Deadline for Newspaper	16
17	18	19	20	21	22	23
24 <hr/> 31	25	26	27 Board Meeting	28	29	30